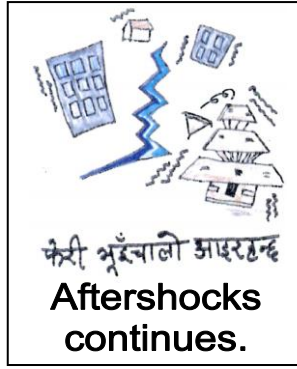




ठलो भइँचालो आयो
Earthquake
has come.



केरी भइँचालो आइरुन्छ
Aftershocks
continues.



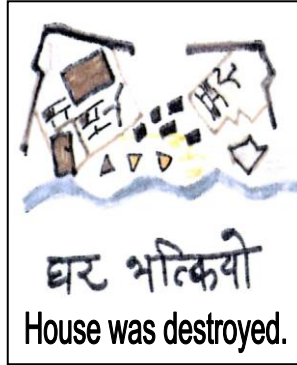
टेण्ट/त्रिपालमा बस्नुपर्ने
Live in tents.



घर बढेको प-यो
Moved to
temporary house.



स्कूल भत्कियो
School was destroyed.



घर भत्कियो
House was destroyed.



राती निद्रा लाग्दैन
Can't sleep at nights.



खान मन लाग्दैन
No appetite.



खानैकुरा छैन
Scarcity of food.



टिभी हेर्न पाइएन
Can't watch TV.



परिवार सबै बाँच्यो
All family are safe.



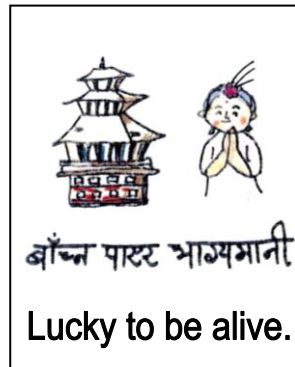
बाहिरबाट धेरै सहायोग
पायो
Lots of help received.



स्कूल बन्द भयो
School was closed.



आँसु झर्यो/रुँदै
Tears came down.
Cried.



बाँच्न पाएर भाग्यमानी
Lucky to be alive.



हरदिनेको सहायोग पायो
Help each other.